


Cold Sandwiches & Salads

Salad served on all Cold Sandwiches

	Sandwich/ Barm	Baton	Pasta Salad/ Wrap/ Plate Salad
Cheese	£2.10	£2.30	£2.50
Cheese Savoury	£2.20	£2.40	£2.60
Corned Beef	£2.30	£2.60	£2.80
Sliced Egg/Egg Mayo	£1.95	£2.10	£2.30
Roast Beef	£2.50	£2.80	£3.00
Roast Ham	£2.20	£2.45	£2.65
Roast Pork	£2.50	£2.75	£2.95
Roast Turkey	£2.50	£2.80	£3.00
Tuna (Tuna Mayo)	£2.55	£2.80	£3.00

Accompaniments available: Mayonnaise, Salad Cream, English Mustard, Sandwich Pickle, Apple Sauce, Piccalilli, Sliced Beetroot

Beverages

 **Coffee Lovers – we stock Rijo drinks** £1.70
Americano, Cappuccino, Espresso,
Hot Chocolate, Café Latte, Macchiato

	Staying In	Taking Out
Nescafé Coffee	£0.90	£1.00
Nescafé Coffee (made with milk)	£1.15	£1.25
Tea	£0.90	£1.00
Bovril	£0.90	£1.05
Vimto (Hot or Cold)	£0.85	£1.00
Milk	£0.90	£1.00
Fresh Orange Juice	£0.90	£1.00
Cans		£0.75
(Coke, Diet Coke, Vimto, Vimto Light, Sprite, Rio Tropical, Rio Florida, Tango Orange)		
Bottled Water (Still)		£0.80
Pure Apple Juice (Bottle)		£1.10
Pure Orange Juice (Bottle)		£1.10
Lucozade (Original, Orange, Apple)		£1.05
Yazoo Milkshakes (Strawberry, Banana, Chocolate)		£1.10
Simply Fruity (Apple, Blackcurrant, Orange, Strawberry)		£0.60

Take away our daily special and heat through for your evening meal. Our choice of specials are cooked fresh on a daily basis to guarantee that you and your family enjoy a healthy, balanced meal with minimal fuss and inconvenience. You are welcome to bring your own plates or serving dish for take-away dinners.

Lunch Time Meals

Special of the day £4.00

We cook a choice of homemade meals each day. See the 'Specials Board' in café, or online at www.lett-us-cook.co.uk

Sunday Roast Dinner £4.00

Omelette From £4.00

Omelette with two fillings of your choice accompanied with Chips and Salad

Farmhouse Lunch £4.00

Ham & Cheese Plate Salad with Sandwich Pickle, Silverskin Pickles, Crisps accompanied with a Bread Roll

Light Lunches

Jacket Potato

Filled with:

Butter	£1.30
Beans	£1.85
Cheese	£2.35
Tuna (Tuna Mayo)	£2.60
Home-made Coleslaw	£1.95
Chilli	£2.55

Add an Extra Filling:

Cheese	£0.75
Beans	£0.50
Coleslaw	£0.65
Salad Garnish	£0.65
Full Salad	£1.30

Soup

Heinz Soup	£1.40
(a selection of flavours are available, please ask for details)	
Heinz Soup & Bread Roll	£1.70

Lett-us Cook

0161 794 0000

www.lett-us-cook.co.uk

About Us

- Over 25 years experience in food and catering
- Eat-in or take-away
- Family friendly café
- Deliveries available within the Swinton area (minimum order value £8.00)
- Easy access for prams and wheelchairs
- Disabled access

We also cater for:

- Buffets for all occasions
- Dinner Parties
- Office Catering
- Evening Meals
- Meals on Wheels

EAT IN CAFÉ or TAKE AWAY
8am - 2pm EVERY DAY



714 BOLTON ROAD, PENDLEBURY
SWINTON, MANCHESTER, M27 6EW
TELEPHONE 0161 794 0000

Printed July 2014

Hot Sandwiches

	Barm	Baton
BLT (Bacon, Lettuce, Tomato)	£2.15	£2.30
Hot Roast Beef & Onion	£2.50	£2.80
Hot Roast Turkey and Stuffing	£2.50	£2.80
Plain or Spicy Chicken with Salad	£2.55	£2.85
Tuna Melt (Toasted Baton with Tuna and Melted Cheese)	£2.75	

Club Sandwich (Bacon, Turkey, Lettuce, Mayo on 3 Slices of Toast or Bread)	£3.40
---	--------------

Toasties

Bacon & Beans	£2.60
Cheese & Bacon	£2.60
Cheese & Ham	£2.60
Cheese & Onion	£2.40
Cheese & Tomato	£2.40

Paninis

Ham & Mozzarella Cheese	£2.95
Meatball & Mozzarella Cheese	£2.95
Pepperoni & Mozzarella Cheese	£2.95
Tuna & Mozzarella Cheese	£2.95

Bagels

Toasted Bagel with Butter	£0.90
Toasted Bagel with Butter & Jam	£1.05
Toasted Bagel with Cream Cheese	£1.70
Toasted Bagel with Bacon & Cream Cheese	£2.95

Traditional English Breakfast

All Traditional English Breakfasts are served with a choice of Tea, Coffee or Fresh Orange

Small Breakfast **£3.00**

1 Sausage, 1 Bacon, Egg, Beans or Tomatoes served with a Slice of Toast

All Day Breakfast **£4.00**

2 Sausage, 2 Bacon, Egg, Mushrooms, Beans & Tomatoes served with 2 Slices of Toast

Mega Breakfast **£5.85**

2 Sausage, 2 Bacon, Spam, Black Pudding, 2 Eggs, Mushrooms, 2 Hash Browns, Beans & Tomatoes served with 2 Slices of Toast

Vegetarian Breakfast **£3.30**

2 Hash Browns, 2 Eggs, Mushrooms, Beans & Tomatoes served with 2 Slices of Toast



Add a Rijo42 Beverage for only 50p extra

Breakfast Sandwiches

	Toast/Barm	Baton
Bacon	£1.85	£2.00
Sausage	£1.80	£1.95
Spam	£1.85	£2.00
Egg	£1.55	£1.70
Bacon & Egg	£2.35	£2.50
Sausage & Egg	£2.30	£2.45
Bacon & Sausage	£2.80	£2.95
Bacon, Sausage & Egg	£3.35	£3.50
Beans on Toast	£1.55	
Cheese on Toast (2 slices - grilled)	£1.95	

Full Monty Barm **£2.65**

1 Sausage, 1 Bacon, Egg, Beans or Tomatoes

Breakfast Barm **£4.00**

Bin Lid Barm filled with 2 Sausage, 2 Bacon, Egg, Mushroom, Beans and Tomatoes

Accompaniments available: Heinz Tomato Ketchup, HP Sauce, BBQ Sauce, English Mustard

Toasted Teacakes	£0.75
Toast (per slice)	£0.40
Toast (per slice) with a choice of Jam, Marmalade or Nutella	£0.50
Warburtons Crumpet/Potato Cake	£0.55

Desserts

Sliced Cake of the Day	£0.75
Chocolate (Kit Kat, Mars, Snickers, Twix)	£0.60
Walkers Grab Bag Crisps	£0.79

Dessert of The Day **£1.80**

See the 'Specials Board' in café or online at www.lett-us-cook.co.uk

Fresh Fruit Bowl **£1.80**

A selection of freshly prepared fruit including Oranges, Melon, Pineapple, Grapes, Kiwi, Strawberries (subject to availability)

Extra Portions

Bacon (2)	£1.35
Barmcakes	£0.45
Baton	£0.60
Beans	£0.50
Bin Lid Barm	£0.75
Black Pudding	£0.50
Bread & Butter (per slice)	£0.40
Cheese	£0.75
Chips	£1.15
Egg	£0.65
Full Salad	£1.30
Gravy	£0.50
Hash Brown (1)	£0.40
Hash Brown (2)	£0.70
Home-made Coleslaw	£0.65
Mushrooms	£0.70
Onion	£0.40
Salad Garnish	£0.70
Sausage (2)	£1.30
Tomatoes	£0.50

**We welcome any special requests.
If you have particular dietary requirements please ask.**